

DIRECTIONS TO PATIENT:

- Do not take your supplements for 5-7 days before blood testing
- Carry on taking medications
- Resume essential supplements after the blood drawer has been completed

TESTS TO ORDER:

- Iron, ferritin, vitamin B12 & folate
- Homocysteine
- Cortisol (morning)
- General chem (including sodium & potassium)
- Thyroid (TSH, T4, T3, Thyroid Antibodies)
- Coeliac disease
- Vitamin D
- Copper
- Zinc